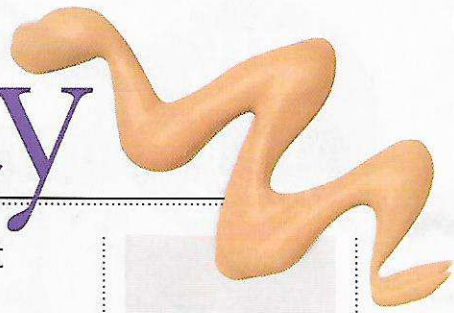


betterbeauty



Look your best as you nurture your skin, inside and out

Seriously affordable skincare

Woolworths has entered the skincare market with Voeu. The line includes the Age Protect Range to help you look your youthful best and the Age Regenerate Range to stimulate skin renewal. Each includes an eye product and anti-wrinkle day and night creams, for just \$8 each. Cleansing products start from only \$1.50, woolworths.com.au.



Beauty for a cause

Dedicated to empowering women, Benefit Cosmetics will donate \$10 from every brow wax in May to charities supporting women and girls. Charities are Look Good Feel Better, Fitted For Work and SISTER2sister. The brow services are available in Myer stores nationally, myer.com.au.



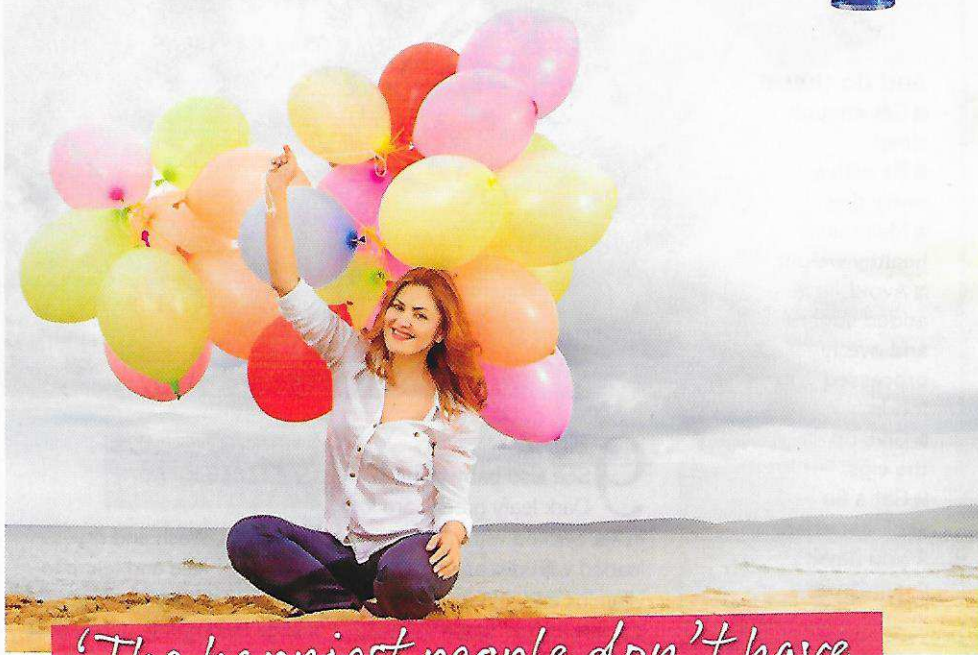
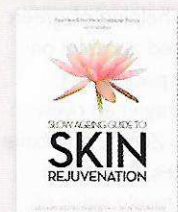
A fine way to firm up

In the cooler weather you'll notice your skin is in greater need of TLC. Here's a quick and easy solution – this body oil will even out tone, reduce the appearance of stretch marks and intensely nourish the skin. Best of all, it absorbs into your pores faster than a lotion and you'll be left with smooth skin. Try NIVEA 4 in 1 Firming Body Oil, \$14.95, nivea.com.au.



Read and rejuvenate

While you can't stop ageing, there are evidence-based treatments that can improve skin health. This new book – *Slow Ageing Guide To Skin Rejuvenation* (Exile Publishing, \$39.99) – is aimed at helping women look beyond a culture that tells them they must look young to retain their value. The authors bring together years of experience and scientific research in diet and nutrition to help women improve their health as well as their appearance. It's available at major bookstores and online at slowaging.org.



'The happiest people don't have the best of everything, they just make the best of everything.'

Author unknown